



Author	Title	Year	Source	Problem/ Disorder	Sample size	Dropouts (%)	Male (N)	Female (N)	Sex	Age (Mean)	Age (Range)	Age	Patients	Treatment definition	Kind of Hypnotherapy	Duration (Weeks)	Katamnesis (Weeks)	Number of patients (hypnosis and control)	N (hypnosis)	N (control)	Randomization	Kind of Comparison	mean ES (r)	mean ES (d)
Anderson, J. A. D., Basker, M. A., Dalton, R.	Migraine and hypnotherapy	1975	International Journal of Clinical and experimental Hypnosis, 23(1), 48-58	Migraine	47	0	no specification	no specification	m/w	no specification	no specification	no specification	Outpatients	I; DSOS; SH; relaxation; ego-strengthening	classical	8-52	0	23	23	0	yes	pre-post	0,6172	1,5689
Andrews, V. H., & Hall, H. R.	The effects of relaxation/imagery training on recurrent aphthous stomatitis: A preliminary study.	1990	Psychosomatic Medicine, 52, 526-535.	Recurrent aphthous stomatitis	7	29	2	5	m/w	36,9	16-66	Adults and children/adolescents	no specification	relaxation; I;	undecidable	19,4	0	7	7	0	no	pre-post	0,9106	4,4066
Andreychuk, T., Skriver, C.	Hypnosis and biofeedback in the treatment of migraine headache.	1975	International Journal of Clinical and experimental Hypnosis, 23(3),172-183	Migraine	28	15	4	24	m/w	no specification	no specification	no specification	Outpatients	relaxation; I; DSOS, SH	classical	10	0	10	10	0	yes	pre-post	0,6199	1,5800
Ashton, C. J., Witworth, G. C., Seldomridge, J. A., Shapiro, P. A., Weinberg, A. D., Michler, R. E., Smith, C. R., Rose, E. A., Fisher, S., & Oz, M. C.	Self-hypnosis reduces anxiety following coronary artery bypass surgery.	1997	Journal of Cardiovascular Surgery, 38, 69-75.	Anxiety following bypass surgery	32	0	28	4	m/w	no specification	no specification	no specification	Inpatients	relaxation; DSOS	classical	0,7	0	32	20	12	yes	between-group	0,0882	0,1770
Ashton, R. C., Whitworth, G. C., Seldomridge, J. A., Shapiro, P. A., Michler, R. E., Smith, C. R., Rose, E. A., Fisher, S., & Oz, M. C.	The effects of self hypnosis on quality of life following coronary artery bypass surgery: Preliminary results of a prospective, randomized trial.	1995	Journal of Alternative and Complementary Medicine, 1(3), 285-290	Quality of life following bypass surgery	22	0	19	3	m/w		47-81	Adults	Inpatients	relaxation; DSOS; SH	classical	1	0	22	13	9	yes	between-group	0,1152	0,2320
Attias, J., Shemesh, Z., Shoam, A., Sohmer, H.	Efficacy of self-hypnosis for tinnitus relief.	1990	Scandinavian Audiology, 19, 245-249	Tinnitus	36	0	36	0	m	no specification	28-58	Adults	Outpatients	I, visualization	modern	4 sessions	0	24	12	12	yes	between-group	0,3358	0,7130
Attias, J., Shemesh, Z., Sohmer, H., Gold, S., Shoham, C., & Faraggi, D.	Comparison between self-hypnosis, masking and attentiveness for alleviation of chronic tinnitus.	1993	Audiology, 32, 205-212.	Tinnitus	45	0	45	0	m	47	34-53	Adults	no specification	SH; I; SOS; pleasant situation	modern	5	0	15	15	0	no	pre-post	0,4738	1,0759
Aydin, S., Ercran, M., Cascurlu, T., Tasci, A., Karaman, I., Odabas, O., Yilmaz, Y., Agargin, M. Y., Kara, H., & Sevin, G.	Accupuncture and hypnotic suggestions in the treatment of non-organic male sexual dysfunction.	1997	Scandinavian Journal of Urology and Nephrology, 31, 271-274.	Non-organic male sexual dysfunction	60	0	60	0	m	no specification	no specification	Adults	no specification	DSOS; SH	classical	24	0	16	16	0	yes	pre-post	0,9138	4,4997
Aydin, S., Odabas, O., Ercan, M., Kara, H., Agargin, M. Y.	Efficacy of testosterone, trazodone, and hypnotic suggestion in the treatment of non-organic male sexual dysfunction.	1996	British Journal of Urology, 77, 256-260	Non-organic male sexual dysfunction	79	0	79	no specification	m	no specification	no specification	Adults	Outpatients	DSOS; SH; PHS	classical	4	24	20	20	0	yes	pre-post	0,6000	1,5000
Banerjee, S., Srivastav, A., & Palan, B. M.	Hypnosis and self-hypnosis in the management of nocturnal enuresis: a comparative study with imipramine therapy.	1993	American journal of Clinical Hypnosis, 36(2), 113-119.	Enuresis	50	0	30	20	m/w		5-16	Children/adolescents	Outpatients	relaxation; I; DSOS	classical	12	24	25	25	0	no	pre-post	0,7856	2,5394
Barkley, R. A., Hastings, J. E., & ?., J. T. L.	The effects of rapid smoking and hypnosis in the treatment of smoking behavior.	1977	International Journal of Clinical and Experimental Hypnosis, 25(1), 7-17.	Smoking cessation	29	20	21	15	m/w	no specification	no specification	no specification	no specification	relaxation; SOS	classical	2 (7S)	36	8	8	0	yes	pre-post	0,1236	0,2491
Behre, A., & Scholz, O. B.	Behandlungswirkungen standardisierter hypnotherapeutischer Suggestionen bei Patienten mit Schlafstörungen.	1998	Hypnose und Kognition, 15(1-2), 113-127.	Sleep disorders	21	0	13	8	m/w	47,38		no specification	Outpatients	SOS; metaphors	modern	3	0	21	21	0	no	pre-post	0,3331	0,7066
Belsky, J., & Khanna, P.	The effects of self-hypnosis for children with cystic fibrosis: A pilot study.	1994	American Journal of Clinical Hypnosis, 36(4), 282-292.	Cystic fibrosis	12	0	no specification	no specification	m/w		7-18	Children/adolescents	Outpatients	relaxation; induction; anecdotes; IndS, SH	3	10	0	12	6	6	no	between-group	0,5308	1,2527
Benson, H., Frankel, F. H., Apfel, R., Daniels, M. D., Schniewind, H. E., Nemiah, J. C., Sifneos, P. E., Crassweller, K. D., Greenwood, M. M., Kotch, J. B., Arns, P. A., & Rosner, B.	Treatment of anxiety: A comparison of the usefulness of self-hypnosis and a meditational relaxation technique: An overview.	1978	Psychotherapy and Psychosomatics, 30, 229-242.	Anxiety neurosis	32	0	no specification	no specification	no specification	no specification	no specification	no specification	Outpatients	induction; altered perception; SH	classical	8	0	16	16	0	yes	pre-post	0,3285	0,6957
Berkowitz, B., Ross-Townsend, A., Kohberger, R.	Hypnotic treatment of smoking: the single-treatment method revisited.	1979	American Journal of Psychiatry, 136, 100-104.	Smoking cessation	40	0	20	20	m/w	39	22-63	Adults	Outpatients	DSOS, SH	classical	0,14	104	40	40	0	no	pre-post	0,2346	0,4827
Blankfield, R. P., Zyzanski, S. J., Flocke, S. A., Aleagno, S., & Scheurman, K.	Taped therapeutic suggestion and taped music as adjunct in the care of coronary-artery-bypass patients.	1995	American Journal of Clinical Hypnosis, 37(3), 32-42.	Care of bypass patients	95	5	68	27	m/w	no specification	no specification	no specification	no specification	tape; relaxation; I; DSOS	modern	2	0	65	34	29	yes	between-group	-0,0056	-0,0112
Borkovec, T. D., Fowles, D. C.	Controlled investigation of the effects of progressive and hypnotic relaxation on insomnia.	1973	Journal of Abnormal Psychology, 82, 1-10.	Insomnia	37	8	0	37	w	no specification	no specification	no specification	Outpatients	relaxation; DS	classical	3sessions	0	19	9	10	yes	between-group	0,0792	0,1590
Boutin, G. E., & Tosi, D. J.	Modification of irrational ideas and test anxiety through rational stage directed hypnotherapy (RSDH).	1983	Journal of Clinical Psychology, 39(3), 382-391.	Test anxiety	48	0	0	48	w	20	16-21	Adults and children/adolescents	Outpatients	induction; relaxation, resources	modern	6	8	16	12	12	yes	between-group	0,4639	1,0473
Brom, D., Kleber, R. J., & Defares, P. B.	Brief psychotherapy for posttraumatic stress disorders.	1989	Journal of Consulting and Clinical Psychology, 57(5), 607-612.	PTSD	112	11	24	88	m/w	42	18-73	Adults	no specification	no specification	undecidable	no specification	12	52	29	23	yes	between-group	0,1318	0,2659
Brown, D. C.	A group hypnosis smoking cessation program: Six month follow-up.	1998	Hypnos, 25(2), 98-103.	Smoking cessation	68	62	no specification	no specification	no specification	no specification	no specification	no specification	no specification	SH; relaxation; DSOS;	classical	3S (je2h)	0	26	26	0	no	pre-post	0,0252	0,0504
Cedercreutz, C., Lähteenmäki, R., Tulikoura, J.	Hypnotic treatment of headache and vertigo in skull injured patients.	1976	International Journal of Clinical and experimental Hypnosis, 24(3), 195-201	Headache/vertigo in skull injured patients	155	0	no specification	no specification	m/w		8-80	Adults and children/adolescents	Inpatients	DSOS	classical	1-10S	92	140	140	0	no	pre-post	0,9231	4,8014
Chandrasena, R.	Hypnosis in the treatment of viral warts.	1982	Psychiatric Journal of the University of Ottawa, 7(2), 135-137.	Warts	32	no specification	16	16	m/w	19,6	8-25	Adults and children/adolescents	no specification	eye-fixation; I; DSOS	classical	8,8S	0	32	32	0	no	pre-post	0,5387	1,2788
Clarke, J. H., & Reynolds, P. J.	Suggestive hypnotherapy for nocturnal bruxism: A pilot study.	1990	American Journal of Clinical Hypnosis, 33(4), 248-253	Bruxism	8	no specification	2	6	m/w		27-35	Adults	Outpatients	I; DSOS	classical	8-32	144	8	8	0	no	pre-post	0,7726	2,4338
Colgan, S. M., Faragher, E. B., & Whorwell, P. J.	Controlled trial of hypnotherapy in relapse prevention of duodenal ulceration.	1988	Lancet, 1299-1300	Duodenal ulceration	30	0	16	14	m/w	40		no specification	no specification	I;	classical	10	52	30	15	15	yes	between-group	0,3825	0,8281
Davidson, G. P.	Smoking control: audiotaped self-hypnosis as adjuvant treatment in a clinical series.	1985	Australian Journal of Clinical and Experimental Hypnosis, 13(2), 107-112	Smoking control	40	no specification	no specification	no specification	no specification	no specification	no specification	no specification	Outpatients	tape; relaxation; SOS	classical	5	32	40	40	0	no	pre-post	0,9000	4,1295
Deyoub, P. L.	Hypnosis in the treatment of obesity and in relation of suggestibility to outcome.	1979	Journal of the American Society of Psychosomatic Dentistry and Medicine, 26(4), 137-149.	Obesity	52	15	0	52	w	39	21-68	Adults	Outpatients	induction; relaxation; I; truisim; DSOS; ideomotor response; eye-fixation; hand levitation	3	8	8	52	17	35	no	between-group	0,4191	0,9232

Dornague, B., Margolis, C. G., Lieberman, D., & Kaji, H.	Biochemical correlates of hypnoanalgesia in arthritic pain patients.	1985	Journal of Clinical Psychiatry, 46(6), 235-238.	Pain in arthritic patients	19	0	13	6	m/w	56	40-69	Adults	no specification	induction; I; DSOS	classical	1S (25 min)	0	19	19	0	no	pre-post	0,5092	1,1832
Edelson, J., Fitzpatrick, J. L.	A comparison of cognitive-behavioral and hypnotic treatments of chronic pain.	1989	Journal of Clinical Psychology, 45(2), 316-323	Chronic pain	27	0	27		m	no specification	no specification	no specification	Inpatients/outpatients	no specification	undecidable	2	0	9	9	0	no	pre-post	0,3186	0,6722
Edwards, S. D., Van der Spuy, H. I., J.	Hypnotherapy as a treatment for enuresis	1985	J. Child Psychol. Psychiat., 26(1), 161 - 170	Enuresis	48	0	48	0	m	10,5	8 - 13	Children/adolescents	Outpatients		classical	no specification	24	24	12	12	yes	between-group	0,0000	0,0000
Elton, D.	Combined use of hypnosis and EMG biofeedback in the treatment of stress-induced conditions.	1993	Stress Medicine, 9.	Stress/tension headaches	40	no specification	15	25	m/w	35		no specification	no specification	DSOS	undecidable	12	12	20	20	0	no	pre-post	0,6278	1,6133
Elton, D., Burrows, G. D., Stanley, G. V.	Hypnosis and chronic pain.	1980	Australian Journal of Clinical and Experimental Hypnosis, 8(2), 83-90	Chronischer Schmerz	30	0	12	18	m/w	42,3		no specification	Outpatients	relaxation; SOS	undecidable	12	156	10	10	0	yes	pre-post	0,3761	0,8118
Emmerson, G. J.	An hypnotic intervention for migraine control.	1999	Australian Journal of Clinical and Experimental Hypnosis, 27(1), 54 - 61	Migraine	25	22	6	19	m/w	51	36 - 68	Adults	Outpatients	relaxation; DSOS	classical	24	0	25	25	0	no	pre-post	0,6452	1,6891
Enqvist, B., Björklund, C., Engman, M., & Jakobsson, J.	Preoperative hypnosis reduces postoperative vomiting after surgery of the breasts.	1997	Acta Anaesthesiologica Scandinavica, 41, 1028-1032.	postoperative vomiting	50	8	0	50	w		22-69	Adults	Inpatients	tape; relaxation; safe place; SOS, dissociation, resources	classical	0,9-1,1	3	50	25	25	yes	between-group	0,5907	1,4641
Enqvist, B., vonKonow, L., & Bystedt, H.	Pre- and perioperative suggestion in maxillofacial surgery: Effects on blood loss and recovery.	1995	International Journal of Clinical and Experimental Hypnosis, 43(3), 284-294	Blood loss/blood pressure in maxillofacial surgery	120	0	82	38	m/w	no specification	no specification	no specification	no specification	tape; DSOS; ISOS; metaphors	classical	2 (daily)	0	36	18	18	yes	between-group	0,2674	0,5551
Ewer, T. C., & Stewart, D. E.	Improvement in bronchial hyper-responsiveness in patients with moderate asthma after treatment with a hypnotic technique: a randomised controlled trial.	1986	British Medical Journal, 293, 1129-1132.	Asthma	39	11	15	24	m/w	no specification	no specification	Adults	no specification	induction; relaxation; DSOS; ego-enhancement	classical	6	0	39	22	17	yes	between-group	0,6165	1,5658
Felt, B. T., Hall, H., Olness, K., Schmidt, W., Kohen, D., Berman, B. D., Broffman, G., Coury, D., French, G., Dattner, A., & Young, M. H.	Wart regression in children: Comparison of relaxation-imagery to topical treatment and equal time interventions.	1998	American Journal of Clinical Hypnosis, 41(2), 130-137.	Warts	61	0	58	3	m/w	9,5		Children/adolescents	Outpatients	relaxation; I; metaphors; ego-strengthening	classical	8	16	41	18	23	yes	between-group	0,0297	0,0594
Field, P. B.	Effects of tape-recorded hypnotic preparation for surgery.	1974	International Journal of Clinical and Experimental Hypnosis, 22(1), 54-51.	Preparation for surgery	60	0	58	2	m/w	no specification	no specification	no specification	no specification	tape; relaxation; DSOS;	classical	1S (20min tape)	0	60	30	30	yes	between-group	0,1080	0,2173
Freeman, R. M.	A psychological approach to detrusor instability incontinence in women.	1987	Stress Medicine, 3, 9-14	Incontinence in women	63	30		63	w	44	17-74	Adults and children/adolescents	Outpatients	DSOS; ego-strengthening	classical	4	104	44	44	0	no	pre-post	0,6000	1,5000
Freeman, R. M., Macaulay, A. J., Eve, L., Chamberlain, G. V. P., & Bhat, A. V.	Randomised trial of self-hypnosis for analgesia in labour.	1986	British Medical Journal, 292, 657-658.	Analgesia in labor	65	23	0	65	w	no specification	no specification	no specification	no specification	SH; warmth; anesthesia; DSOS	classical	8	0	65	29	36	yes	between-group	-0,0915	-0,1837
Friedman, H., & Taub, H. A.	The use of hypnosis and biofeedback procedures for essential hypertension.	1977	International Journal of Clinical and Experimental Hypnosis, 25(4), 335-347.	Hypertension	48	0	39	9	m/w		23-60	Adults	Outpatients	relaxation; I	classical	5	24	25	13	12	no	between-group	0,3291	0,6970
Friedman, H., Taub, H. A.	An evaluation of hypnotic susceptibility and peripheral temperature elevation in the treatment of migraine.	1982	American Journal of clinical Hypnosis, 24(3), 172-182	Migraine	23	15	0	23	w	no specification	25-56	Adults	Outpatients	DS; I	classical	5	24	23	23	0	no	pre-post	0,4582	1,0310
Fuchs, K., Zaidise, I., Peretz, B. A., Paldi, E.	Hypnosetherapie und männliche Impotenz.	1989	Experimentelle und Klinische Hypnose, 5(1), 103-115	Impotence	377	0	377		m	no specification	20-65	Adults	Outpatients	Erickson	modern			377	377	0	no	pre-post	0,8353	3,0386
Galovskii, T. E., & Blanchard, E. B.	The treatment of irritable bowel syndrome with hypnotherapy.	1998	Applied Psychophysiology and Biofeedback, 23(4), 219-232.	Irritable bowel syndrome	12	8	2	10	m/w	38,8	23-58	Adults	Outpatients	relaxation; I; metaphors; ego-strengthening	classical	12	8	10	4	6	yes	between-group	0,7011	1,9664
Gay, M. C., Phillipot, P., Luminet, O.	Differential effectiveness of psychological interventions for reducing osteoarthritis pain: a comparison of Erickson hypnosis and Jacobson relaxation.	2002	European Journal of Pain, 6, 1 - 16	Osteoarthritis pain	36	12,2	3	33	m/w	no specification	no specification	Adults	Outpatients	relaxation; age regression, IS; I	modern	8	12	23	13	10	yes	between-group	0,4088	0,8959
Ghoneim, M. M., Block, R. I., Sarasin, D. S., Davis, C. S., Marchman, J. N.	Tape-recorded hypnosis instructions as adjuvant in the care of patients scheduled for third molar surgery.	2000	Anesthesia and Analgesia, 90, 64-68	Care of third molar surgery patients	60	0	no specification	no specification	no specification		18-35	Adults	no specification	relaxation; SOS, tape	undecidable	1S	0	60	30	30	yes	between-group	0,0039	0,0077
Ginandes, C. S., Rosenthal, D. I.	Using Hypnosis to accelerate the Healing of Bone Fractures: A Randomized Controlled Pilot Study	1999	Alternative Therapies, 5(2), 67 - 75	Healing process of bone fractures	11	73	3	9	m/w	no specification	21 - 49	Adults	Outpatients	DSOS; ISOS, tape	classical	?	?	11	5	6	yes	between-group	0,3697	0,7957
Gokli, M. A., Wood, A. J., Mourino, A. P., Farrington, F. H., & Best, A. M.	Hypnosis as an adjunct to the administration of local anesthetic in pediatric patients.	1994	Journal of Dentistry for Children, 61(4), 272-275.	Local anesthesia	29	0	11	18	m/w		4-13	Children/adolescents	no specification	individual tailored stories; DS; IS; ego-strengthening	classical	1S	0	48	29	29	yes	between-group	0,2653	0,5502
Goldman, L., Ogg, T. W., & Levey, A. B.	Hypnosis and daycare anaesthesia.	1988	Anaesthesia, 43, 466-469	Preinvasive anxiety/perioperative anesthesia	52	1,8	0	53	w	24,6		Adults	Inpatients	relaxation; SH	undecidable	1S (3min)	0	52	25	27	no	between-group	0,4767	1,0844
Hammarstrand, G., Berggren, U., & Hakeberg, M.	Psychophysiological therapy vs. hypnotherapy in the treatment of patients with dental phobia.	1995	European Journal of Oral Sciences, 103, 399-404.	Dental phobia	33	27	33	33	w	31,8	22-52	Adults	Outpatients	relaxation; I; DSOS	classical	8S	0	5	5	0	yes	pre-post	0,7710	2,4216
Hart, R. R.	The influence of a taped hypnotic induction treatment procedure on the recovery of surgery patients.	1980	International Journal of Clinical and Experimental Hypnosis, 28(4), 324-332.	Postoperative recovery (open heart surgery)	40	0	33	7	m/w	no specification	no specification	no specification	Inpatients	tape; relaxation	undecidable	0,3 (5S)	0	40	20	20	yes	between-group	0,2530	0,5231
Harvey, R. F., Hinton, R. A., Gunary, R. M., Barry, R. E.	Individual and group hypnotherapy in treatment of refractory irritable bowel syndrome.	1989	Lancet, 1(8635), 424-5	Irritable bowel syndrome	33	8	8	25	m/w	38	19-62	Adults	Outpatients	SH, I; metaphors, SOS; relaxation	3	7	12	33	33	0	no	pre-post	0,3988	0,8698
Hawkins, P. J., Llossi, C., Ewart, B. W., Hatira, P., & Kosmidis, V. H.	Hypnosis in the alleviation of procedure related pain and distress in paediatric oncology patients.	1998	Contemporary Hypnosis, 15(4), 199-207.	Pain/stress during lumbar puncture	30	0	12	18	m/w		6-16	Children/adolescents	no specification	DSOS; ISOS; anaesthesia; metaphors; I;	3	3S (1S intervention)	0	30	30	0	yes	pre-post	0,4708	1,0673
Horowitz, S. L.	Strategies within hypnosis for reducing phobic behavior.	1970	Journal of Abnormal Psychology, 75(1), 104-112.	Phobic behavior (snakes)	36	0	0	36	w	no specification	no specification	Adults	no specification	I; DSOS	classical	1,6	4,8	18	9	9	no	between-group	0,2684	0,5573
Houghton, L. A., Heyman, D. J., & Whorwell, P. J.	Symptomatology, quality of life and economic features of irritable bowel syndrome - the effect of hypnotherapy.	1996	?????, 10, 91-95.	Irritable bowel syndrome	50	0	6	44	m/w		21-58	Adults	Outpatients	SOS	classical	12S	0	50	25	25	no	between-group	0,3900	0,8470
Hyman, G. J., Stanley, R. O., Burrows, G. D., & Horne, D. J.	Treatment effectiveness of hypnosis and behaviour therapy in smoking cessation: A methodological refinement.	1986	Addictive Behaviors, 11, 355-365.	Smoking cessation	60	0	17	43	m/w	34,9		no specification	no specification	DSOS	classical	4	24	30	15	15	yes	between-group	0,4651	1,0508
Jacknow, D. S., Tschann, J. M., Link, M. P., & Boyce, W. T.	Hypnosis in the prevention of chemotherapy-related nausea and vomiting in children: A prospective study.	1994	Developmental and Behavioral Pediatrics, 15(4), 258-264.	Chemotherapy-related nausea/vomiting in children	20	8	10	10	m/w		6-18	Children/adolescents	Inpatients/outpatients	SH; unpecific I; DSOS, resources	classical	no specification	24	20	10	10	yes	between-group	0,3894	0,8455
Javel, A. F.	One-session hypnotherapy for smoking: A controlled study.	1980	Psychological Reports, 46, 895-899.	Smoking cessation	30	0	no specification	no specification	m/w	no specification	no specification	no specification	Outpatients	DSOS; ego-strengthening; visualization	3	1S (60min)	0	20	10	10	no	between-group	0,6547	1,7323

Jenkins, M. W., & Pritchard, M. H.	Hypnosis: practical applications and theoretical considerations in normal labour.	1993	British Journal of Obstetrics and Gynaecology, 100, 221-226.	Hypnosis in first and second stage of labor	862	33	0	862	w	17-41	Adults and children/adolescents	no specification	no specification	classical	6S (30min)	0	426	126	300	no	between-group	0,2413	0,4973	
John, M. E., & Parrino, J. P.	Practical hypnotic suggestion in ophthalmic surgery.	1983	American Journal of Ophthalmology, 96, 540-542.	Analgesia/reducing unnecessary movement in ophthalmic surgery	59	5	32	27	m/w	30	20-56	Adults	Outpatients	no specification	undecidable	1S	0	59	34	25	yes	between-group	0,2954	0,6185
Johnson, D. L.	Weight loss for women: Studies of smokers and nonsmokers using hypnosis and multicomponent treatments with and without overt aversion.	1997	Psychological reports, 80, 931-933.	Overweight	100	0	0	100	w	41,2		no specification	no specification	no specification	3	3,9	0	100	100	0	no	pre-post	0,8462	3,1757
Johnson, D. L., & Karkut, R. T.	Participation in multicomponent hypnosis treatment programs for women's weight loss with and without overt aversion.	1996	Psychological Reports, 79, 659-668.	Overweight	172	0		172	w	39,7		Adults	Outpatients	DSOS; IndS; SH (relaxation; DSOS; I;)	3	4-5	0	86	86	0	no	pre-post	0,3549	0,7592
Johnson, R. L., & Johnson, H. C.	Effects of anxiety-reducing hypnotic training on learning and reading-comprehension tasks.	1984	Journal of the National Medical Association, 76(3), 233-235.	Test anxiety	15	0	no specification	no specification	m/w	no specification	no specification	no specification	Outpatients	relaxation; DSOS; PHS; reframing, ressources(?)	undecidable	1S	0	15	7	8	yes	between-group	0,3659	0,7864
Johnson, R. Q. F., Barber, T. X.	Hypnosis, suggestions, and warts: an experimental investigation implicating the importance of "believed-in efficacy".	1978	American Journal of Clinical Hypnosis, 20(3), 165-174	Warts	22	0	no specification	no specification	no specification	no specification	no specification	no specification	Outpatients	relaxation; DSOS;	classical	5	12	11	11	0	yes	pre-post	0,5269	1,2399
Katz, E. R., Kellerman, J., & Ellenberg, L.	Hypnosis in the reduction of acute pain and distress in children with cancer.	1987	Journal of Pediatric Psychology, 12(3), 379-394.	Pain/distress in children undergoing bone marrow aspiration	36	no specification	24	12	m/w	8,25	6-12	Children/adolescents	Outpatients	induction; SOI; SOS; PHS	classical	3S	0	36	17	19	yes	between-group	0,0945	0,1898
Kaufert, J. M., Rabkin, S. W., Syrotuik, J., Boyko, E., Shane, F.	Health beliefs as predictors of success of alternate modalities of smoking cessation: results of a controlled trial.	1985	Journal of Behavioral Medicine, 9(5), 475-489	Smoking cessation	139	no specification	no specification	no specification	m/w	no specification	20-65	Adults	Outpatients	DSOS; SH	classical	0,14	24	71	38	33	yes	between-group	0,3990	0,8703
Kellerman, J., Zeltzer, L., Ellenberg, L., & Dash, J.	Adolescents with cancer.	1983	Journal of Adolescent Health Care, 4, 85-90.	Reduction of acute pain/anxiety associated with medical procedures	16	11	7	9	m/w	14		Children/adolescents	no specification	induction; relaxation; muscle relaxation; I; PHS	classical	no specification	0	16	16	0	no	pre-post	0,8202	2,8676
Kline, M. V.	The use of extended group hypnotherapy sessions in controlling cigarette habituation.	1970	International Journal of Clinical and Experimental Hypnosis, 18(4), 270-282	Smoking cessation	60	0	50	10	m/w	no specification	no specification	no specification	no specification	SH; I; relaxation	classical	12h	0	60	60	0	no	pre-post	0,9000	4,1295
Kohen, D. P.	Relaxation/mental imagery (self-hypnosis) for childhood asthma: Behavioral outcomes in a prospective, controlled study.	1995	Hypnos, 22(3), 132-144	Asthma	28	15	no specification	no specification	m/w		7-12	Children/adolescents	Inpatients/outpatients	SH; DS (individualized); IS (individualized); metaphors;	classical	4	36	24	12	12	yes	between-group	0,4262	0,9422
Kuttner, L.	Favorite stories: A hypnotic pain reduction technique for children in acute pain.	1988	American Journal of Clinical Hypnosis, 30(4), 289-295.	Pain/distress/anxiety in children undergoing bone marrow aspiration	25	no specification	no specification	no specification	no specification		3-6J11Mo	Children/adolescents	no specification	I; favorite stories; reframing, DS, IS, metaphors, ressources	modern	2 Interventionen	0	17	9	8	yes	between-group	0,1280	0,2581
Lambe, R., Osier, C., & Franks, P.	A randomized controlled trial of hypnotherapy for smoking cessation.	1986	Journal of Family Practice, 22(1), 61-65.	Smoking cessation	180	36	58	122	w	no specification	no specification	Adults	Outpatients	DSOS; SH	undecidable	2	52	115	57	58	yes	between-group	0,1534	0,3105
Lambert, S.	The effects of hypnosis-guided imagery on the postoperative course of children.	1996	Developmental and Behavioral Pediatrics, 17(5), 307-310.	Improvement of postoperative course of children	52	0	no specification	no specification	no specification		7-19	Adults and children/adolescents	Inpatients	guided I, ressources	modern	1S	0	50	25	25	yes	between-group	0,3214	0,6789
Lang, E. V., & Hamilton, D.	Anodyne imagery: An alternative to IV sedation in interventional radiology.	1994	American Journal of Roentgenology, 162, 1221-1226.	Pain/anxiety in interventional radiology	37	0	no specification	no specification	m/w	no specification	33-89	Adults	no specification	relaxation; I; DSOS	modern	1S	0	42	21	21	no	between-group	0,7833	2,5201
Lang, E. V., Benotsch, E. G., Fick, L. J., Lutendorf, S., Berbaum, M. L., Berbaum, K. S., Logan, H., Spiegel, D.	Adjunctive non-pharmacological analgesia for invasive medical procedures: a randomised trial	2000	Lancet, 355, 1486 - 1490	Analgesia in interventional radiological procedures	241	0	114	127	m/w	56	18 - 92	Adults	Inpatients	relaxation; I;	classical		0	161	82	79	yes	between-group	0,1982	0,4045
Lang, E. V., Joyce, J. S., Spiegel, D., Hamilton, D., & Lee, K. K.	Self-hypnotic relaxation during interventional radiological procedures: Effects on pain perception and intravenous drug use.	1996	International Journal of Clinical and Experimental Hypnosis, 44(2), 106-119.	Analgesia for invasive medical procedures	30	0	30	0	m		44-78	Adults	no specification	SH (relaxation; I;), symbols	modern	1S	0	30	16	14	yes	between-group	0,4435	0,9896
Langenfeld, M. C., Cipani, E., Borchardt, J. J.	Hypnosis for the control of HIV/AIDS-related pain.	2002	International Journal of Clinical and Experimental Hypnosis, 50(2), 170 - 188	HIV/AIDS -related pain	5	0	4	1	m/w	no specification	ca 25-45	Adults	Outpatients	relaxation; I; SOS; anagesia; PHS; SH	undecidable	12	0	5	5	0	no	pre-post	0,3273	0,6927
Liossi, C., Hatira, P.	Clinical hypnosis versus cognitive behavioral training for pain management with pediatric cancer patients undergoing bone marrow aspirations.	1999	International Journal of Clinical and Experimental Hypnosis, 47(2), 104-116	Pain management at bone marrow aspiration	30	0	17	13	m/w	8	5-15	Children/adolescents	no specification	relaxation; I	classical	1S	0	20	10	10	yes	between-group	0,8316	2,9947
Llaneza-Ramos, M. L.	Hypnotherapy in the treatment of chronic headaches.	1989	Philippine Journal of Psychology, 22, 17-25.	Chronic headaches	35	0	6	29	m/w	30,14		no specification	no specification	Ericksonian hypnotherapy	modern	8	8	35	10	10	yes	between-group	0,8043	2,7068
Citron, K. M., Maher-Loughnan, G. P., Kinsley, B. J.	Hypnosis for asthma - a controlled trial.	1968	British Medical Journal, 4, 71-76.	Asthma	252	20	105	110	m/w		10-60	Adults and children/adolescents	Outpatients	induction; DSOS; SH	classical	52 (12S)	0	109	109	0	yes	pre-post	0,2737	0,5691
Maher-Loughnan, G. P., MacDonald, N., Mason, A. A., & Fry, L.	Controlled trial of hypnosis in the symptomatic treatment of asthma.	1962	British Medical Journal, 4, 371-376.	Asthma	58	0	22	36	m/w		6-59	Adults and children/adolescents	Outpatients	induction; eye-fixation; handelevation; progressive relaxation; anesthesia; SH	classical	20	0	55	28	27	yes	between-group	0,0000	0,0000
Marks, I. M., Gelder, M. G., & Edwards, G.	Hypnosis and desensitization for phobias: A controlled trial.	1968	British Journal of Psychiatry, 114, 1263-1274.	Phobias	28	22	10	18	m/w	no specification	no specification	no specification	Outpatients	relaxation, induction; DSOS	classical	12	40	18	18	0	yes	pre-post	0,5821	1,4318
Marks, N. J., Karl, H., Onisporou, C.	A controlled trial of hypnotherapy in tinnitus.	1985	Clinical Otolaryngology, 10, 43-46	Tinnitus	14	no specification	no specification	no specification	no specification	no specification	no specification	no specification	no specification	relaxation; I; visualization; SH, ego-strengrening; tape	classical	no specification	0	14	14	0	no	pre-post	0,0156	0,0312
Mason, J. D. T., Rogerson, D. R., & Butler, J. D.	Client centred hypnotherapy in the management of tinnitus - is it better than counselling?	1996	Journal of Laryngology and Otology, 110, 117-120.	Tinnitus	86	7	47	39	m/w		22-80	Adults	no specification	PHS ;SH; relaxation	3	3S	12	44	44	0	yes	pre-post	0,2119	0,4336
Mason, J., & Rogerson, D.	Client-centered hypnotherapy for tinnitus.	1995	American Journal of Clinical Hypnosis, 37(4), 294-299.	Tinnitus	41	5	26	15	m/w	54		no specification	Outpatients	I; visualization; PSH; SH	3	3S	12	41	41	0	no	pre-post	0,8090	2,7526
Mauer, M. H., Burnett, K. F., Ouellette, E. A., Ironson, G. H., Dandes, H. M.	Medical Hypnosis and Orthopedic Hand Surgery	1999	The International Journal of Clinical and Experimental Hypnosis, 47(2), 144 - 161	Postoperative pain/postoperative course in orthopedic hand surgery	60	0	49	11	m/w	no specification	no specification	Adults	Inpatients	relaxation; SOS; analgesia; PHS; anchoring	undecidable	20 min	0	60	30	30	no	between-group	0,3718	0,8009
May, S. R., & DeClement, F. A.	Effects of early hypnosis on the cardiovascular and renal physiology of burn patients.	1983	Burns, 9(4), 257-266.	Cardiological/renal functioning in burn patients	32	3	no specification	no specification	no specification	44	22-67	Adults	Inpatients	I; DSOS	3	1S	0	10	5	5	no	between-group	0,0336	0,0672
McCauley, J. D., Frank, R. G., & Callen, K. E.	Hypnosis compared to relaxation in the outpatient management of chronic low back pain.	1983	Arch Phys Med Rehabil, 64, 548-552.	Chronic low back pain	17	23	5	12	m/w	37,8	25-57	Adults	Outpatients	age regression; dissociation; DSOS	3	24	0	9	9	0	yes	pre-post	0,5818	1,4307
Mehl, L. E.	Hypnosis and conversion of brech to the vertex presentation.	1994	Archives of Family Medicine, 3, 881-887.	Conversion of brech presentation	200	no specification	0	200	w	no specification	no specification	no specification	no specification	tape; relaxation; ISOS; unspezifische DS	3	42	0	200	100	100	no	between-group	0,5514	1,3219

Melis, P. M. L., Roomans, W., & Spierings, E. L. H.	Treatment of chronic tension-type headache with hypnotherapy: A single-blind controlled study.	1991	Headache, 31, 686-689.	Chronic tension headache	26	17	9	17	m/w		22-61	Adults	Outpatients	induction; DSOS; relaxation; SH	classical	4	4	26	11	15	yes	between-group	0,4081	0,8939
Melnick, J., & Russell, R. W.	Hypnosis versus systematic desensitization in the treatment of test anxiety.	1976	Journal of Counseling Psychology, 23(4), 291-295.	Test anxiety	36	0	no specification	no specification	no specification	no specification	no specification	no specification	Outpatients	induction; I; DSOS	classical	4S	0	18	9	9	yes	between-group	0,1809	0,3679
Melzack, R., Perry, C.	Self-regulation of pain: the use of alpha-feedback and hypnotic training for the control of chronic pain.	1975	Experimental neurology, 46, 452-469	Chronic pain	24	25	6	18	m/w	48	28-70	Adults	Outpatients	relaxation; ego-strengthening; DS; SH	classical	8S	24	6	6	0	yes	pre-post	0,0000	0,0000
Memmesheimer, A. M., & Eisenlohr, E.	Untersuchung über die Suggestivbehandlung der Warzen.	?	???, 63-68.	Warts	140	no specification	no specification	no specification	m/w	no specification	no specification	Adults and children/adolescents	Outpatients	Suggestionen	classical	1S	24	140	70	70	no	between-group	0,2143	0,4388
Meurisse, M., Defechereux, T., Hamoir, E., Mawaja, S., Marchettini, P., Gologly, L., Degauque, C., Joris, J., Faymonville, M. E.	Hypnosis with Conscious Sedation instead of General Anaesthesia? Applications in Cervical Endocrine Surgery	1999	Acta chir belg, 99, 151 - 158	Sedation in cervical endocrine surgery	218	0	49	169	m/w	no specification	no specification	Adults	Inpatients	relaxation; IS	modern	1S (10min)	0	218	218	121	no	between-group	0,7200	2,0749
Montgomery, G. H., Weltz, C. R., Seltz, M., Bovbjerg, D. H.	Brief presurgery hypnosis reduces distress and pain in excisional breast biopsy patients.	2002	International Journal of Clinical and Experimental Hypnosis, 50(1), 17-32	Distress/ pain in breast biopsy patients	20	0	0	20	w	50,11	30 - 81	Adults	Inpatients	relaxation; I; SOS, SH	classical	0,14	0	20	10	10	yes	between-group	0,4081	0,8941
Moore, R., Abrahamson, R., & Brodsgard, I.	Hypnosis compared with group therapy and individual desensitization for dental anxiety.	1996	European Journal of Oral Sciences, 104, 612-618.	Dental anxiety	174	12,9	no specification	no specification	m/w		19-65	Adults	Outpatients	reframing; I; symbols; dissociation; age regression	modern	1S	52	73	22	51	no	between-group	0,7429	2,2198
Omer, H.	A hypnotic relaxation technique for the treatment of premature labor.	1987	American Journal of Clinical Hypnosis, 29(3), 206-213.	Premature labor	113	0	0	113	w	no specification	no specification	no specification	Inpatients	SH; induction; relaxation; anecdotes; IndS	3	1S (180min)	0	113	39	74	no	between-group	0,2185	0,4479
Omer, H., & Sirkovitz, A.	Failure of hypnotic relaxation in the treatment of postterm pregnancies.	1987	Psychosomatic Medicine, 49, 606-609.	Postterm pregnancies	80	0	0	80	w	27,6		Adults	Inpatients	relaxation; IS; I; SOS	3	1S	0	77	37	40	no	between-group	0,0297	0,0594
Omer, H., Friedlander, D., Palti, Z.	Hypnotic relaxation in the treatment of premature labor.	1986	Psychosomatic Medicine, 48(5), 351-361	Premature labor	113	0		113	w	no specification	no specification	no specification	Inpatients	relaxation; I; IS; SH; tape	modern	2S		113	39	74	no	between-group	0,2185	0,4479
Patterson, D. R., Everett, J. J., Burns, G. L., & Marvin, J. A.	Hypnosis for the treatment of burn pain.	1992	Journal of Consulting and Clinical Psychology, 60(5), 713-717.	Treatment of burn pain	33	9	no specification	no specification	no specification		18-60	Adults	Inpatients	Barber Rapid Induction; relaxation; IS; DSOS; PHS	classical	1S (25min)	0	20	10	10	yes	between-group	0,2321	0,4771
Patterson, D. R., Questad, K. A., & deLateur, B.	Hypnotherapy as an adjunct to narcotic analgesia for the treatment of pain for burn debridement.	1989	American Journal of Clinical Hypnosis, 31(3), 156-163.	Pain in patients undergoing dressing changes	13	0	6	7	m/w		22-51	Adults	Inpatients	Barber Rapid Induction; DSOS; DS;	classical	1S	0	5	5	0	no	pre-post	0,9219	4,7591
Perry, C., Mullen, G.	The effects of hypnotic susceptibility on reducing smoking behavior treated by an hypnotic technique	1975	Journal of Clinical Psychology, 31(3), 498-505	Smoking cessation	38	30	24	14	m/w	27,2	19-47	Adults	Outpatients	DSOS	classical	2S	12	38	38	0	no	pre-post	0,5534	1,3289
Prior, A., Colgan, S. M., & Whorwell, P. J.	Changes in rectal sensitivity after hypnotherapy in patients with irritable bowel syndrome.	1990	Gut, 31, 896-898.	Irritable bowel syndrome	30	7	2	28	m/w		18-49	Adults	no specification	no specification	undecidable	12	0	15	15	0	no	pre-post	0,5062	1,1739
Rabkin, S. W., Boyko, E., Shane, F., & Kaufert, J.	A randomized trial comparing smoking cessation programs utilizing behaviour modification, health education or hypnosis.	1984	Addictive Behaviors, 9, 157-173.	Smoking cessation	140	17	53	87	m/w	40,4		Adults	no specification	PHS; SH; DSOS	classical	no specification	0	71	38	33	yes	between-group	0,3588	0,7689
Raskin, R., Raps, C., Luskin, F., Carlson, R., Cristal, R.	Pilot Study of the Effect of Self - Hypnosis on the Medical Management of Essential Hypertension	1999	Stress Medicine, 15, 243-247	Hypertension	56	23	56	0	m	52,3	no specification	Adults	Inpatients	relaxation; SH	classical	0,57	4	24	8	16	yes	between-group	0,4412	0,9832
Ratner, H., Gross, L., Casas, J., Castells, S.	A hypnotherapeutic approach to the improvement of compliance in adolescent diabetics.	1990	American Journal of Clinical Hypnosis, 32(3), 154-159	Compliance in diabetics	7	0	3	4	m/w	15,4	11-19	Children/adolescents	Outpatients	I; visualization; SOS; SH	modern	?	24	7	7	0	no	pre-post	0,9517	6,1968
Reid, W. H., Ahmed, I., Levie, C. A.	Treatment of sleepwalking: a controlled study.	1981	American Journal of Psychotherapy, 35(1), 27-37	Sleepwalking	11	52	8	3	m/w	28,1	21-52	Adults	Outpatients	DSOS	classical	3	52	11	11	0	no	pre-post	0,2655	0,5507
Rucklidge, J. J.; Saunders, D.	The efficacy of hypnosis in the treatment of pruritis in people with HIV/AIDS	2002	International Journal of Clinical and Experimental Hypnosis, 50(2), 149 - 169	Pruritis inHIV/AIDS-patients	3	0	1		m	49	43 - 53	Adults	Outpatients	relaxation; I; visualization; SOS	3	6	16	3	3	0	no	pre-post	0,5913	1,4663
Sapp, M.	Hypnotherapy and test anxiety: Two cognitive-behavioral constructs : The effects of hypnosis in reducing test anxiety and improving academic achievement in college students.	1991	Australian Journal of Clinical Hypnotherapy and Hypnosis, 12(1), 25-31.	Test anxiety	94	6	no specification	no specification	m/w	19		no specification	Outpatients	relaxation; DSOS; induction (levitation); I	classical	4	4	94	44	50	yes	between-group	0,2041	0,4170
Shertzer, C. L., Lookingbill, D. P.	Effects of relaxation and hypnotizability in chronic urticaria.	1987	Arch Dermatol, 123, 913-916	Chronic urticaria	15	0	4	11	m/w	no specification	23-63	Adults	Inpatients/outpatients	relaxation; SOS; tape	classical	0,14		15	15	0	yes	pre-post	0,3954	0,8610
Simon, E. P., Lewis, D. M.	Medical hypnosis for temporomandibular disorders: Treatment efficacy and medical utilization outcome	2000	Oral Surgery Oral Pathology, 90, 54 - 63	Pain symptoms of temporomandibular disorders	25	11	no specification	no specification	m/w	33	20 - 52	Adults	Outpatients	relaxation; I; metaphors; analgesia, anesthesia; anchoring	modern	6 (weekly)	26	23	23	0	no	pre-post	0,5974	1,4900
Spanos, N. P., Liddy, S. J., Scott, H., Garrard, C., Sine, J., Tirabasso, A., & Hayward, A.	Hypnotic suggestion and placebo for the treatment of chronic headache in a university volunteer sample.	1993	Cognitive Therapy and Research, 17(2), 191-205.	Chronic headache	102	25	21	82	m/w	20,8	18-40	Adults	Outpatients	induction; I; relaxation;	classical	4	0	41	17	24	yes	between-group	0,0424	0,0849
Spanos, N. P., Mondoux, T. J., & Burgess, C. A.	Comparison of multi-component hypnotic and nonhypnotic treatments for smoking.	1995	Contemporary Hypnosis, 12(1), 12-19.	Smoking cessation	54	17	25	29	m/w		19-62	Adults	Outpatients	induction; DSOS; DI; ego-enhancing	classical	2S	12	23	11	12	yes	between-group	0,4038	0,8828
Spanos, N. P., Stenstrom, R. J., & Johnston, J. C.	Hypnosis, placebo, and suggestions in the treatment of warts.	1988	Psychosomatic Medicine, 50, 245-260.	Warts	64	0	29	35	m/w		10-74	Adults and children/adolescents	Outpatients	induction, DSOS	classical	1S	1,5	39	22	17	yes	between-group	0,4530	1,0164
Spanos, N. P., Stenstrom, R. J., & Johnston, J. C.	Hypnosis, placebo, and suggestions in the treatment of warts.	1988	Psychosomatic Medicine, 50, 245-260.	Warts	76	0	45	31	m/w		15-66	Adults and children/adolescents	Outpatients	induction, DSOS	classical	1 (2S)	1,5	38	19	19	yes	between-group	0,3430	0,7303
Spanos, N. P., Williams, V., & Gwynn, M. I.	Effects of hypnotic, placebo, and salicylic acid treatments on wart regression.	1990	Psychosomatic Medicine, 52, 109-114.	Warts	40	0	25	15	m/w		18-35	Adults	Outpatients	induction; I; Wärmeleben; DSOS	classical	1S	0	20	10	10	yes	between-group	0,4117	0,9034
Spies, G.	Desensitization of test anxiety: Hypnosis compared with biofeedback.	1979	American Journal of Clinical Hypnosis, 22(2), 108-111.	Test anxiety	36	0	no specification	no specification	m/w	no specification	no specification	no specification	Outpatients	I; desensitization	3	0,3	0	22	12	10	no	between-group	0,6533	1,7258
Stanton, H. E.	Fee-paying and weight loss. Evidence for an interesting interaction.	1976	American Journal of Clinical Hypnosis, 19(1), 47-49	Weight loss	20	no specification	6	14	m/w	no specification	no specification	no specification	no specification	ego-enhancement; DSOS; SH; tape	classical	8	0	20	20	0	no	pre-post	0,6338	1,6386
Stanton, H. E.	Using hypnotic success imagery to reduce test anxiety.	1992	Australian Journal of Clinical and Experimental Hypnosis, 20(1), 31-37.	Test anxiety	40	0	18	22	m/w	no specification	no specification	Children/adolescents	Outpatients	induction; SOI	classical	3S	no specification	40	20	20	yes	between-group	0,4596	1,0350
Stanton, H. E.	Overcoming fear of public speaking with the diagnostic trance.	1991	Australian Journal of Clinical and Experimental Hypnosis, 19(1), 41-47.	Fear of public speaking	24	0	24	0	m		34-53	Adults	Outpatients	relaxation; I;	undecidable	1 (2S)	12	12	12	0	yes	pre-post	0,5259	1,2366
Stanton, H. E.	Improving examination performance through clenched fist technique.	1988	Contemporal Educational Psychology, 13, 309-315.	Test anxiety	60	0	26	34	m/w		12-17	Children/adolescents	Outpatients	induction; mood change; clenched fist, ressources	modern	no specification	0	40	20	20	yes	between-group	0,6845	1,8779

Stanton, H. E.	A simple hypnotic technique to reduce anxiety.	1978	Australian Journal of Clinical and Experimental Hypnosis, 6(1), 35-38.	Anxiety	40	0	12	28	m/w	no specification	no specification	Adults	Outpatients	relaxation; hand levitation	classical	4	0	40	20	20	yes	between-group	0,2273	0,4668	
Stewart, A. C., Thomas, S. E.	Hypnotherapy as a treatment for atopic dermatitis in adults and children	1995	British Journal of Dermatology, 132, 778 - 783	Atopic dermatitis	18	0	5	13	m/w	33	18-51	Adults	Outpatients	relaxation; stress management under hypnosis; DSOS; ego-strengthening; PHS; SH	classical	28	104	18	18	0	no	pre-post	0,5618	1,3582	
Surman, O. S., Gottlieb, S. K., Hackett, T. P., & Silverberg, E. L.	Hypnosis in the treatment of warts.	1973	Archieves of General Psychiatry, 28, 439-441.	Warts	24	0	8	16	m/w	21,75	7-37	Adults and children/adolescents	Outpatients	fixation; DSOS	classical	5	0	17	17	0	no	between-group	0,7246	2,1028	
Syrjala, K. L., Cummings, C., & Donaldson, G. W.	Hypnosis or cognitive behavioral training for the reduction of pain and nausea during cancer treatment: an controlled clinical trial.	1992	Pain, 48, 137-146.	Pain/nausea during cancer treatment	45	0	26	19	m/w	32,7	19-49	Adults	Inpatients	relaxation; I; DS	modern	3	0	22	12	10	yes	between-group	0,0593	0,1187	
terKuile, M. M., Spinhoven, P., Linssen, A. C. G., Zitman, F., VanDyck, R., & Rooijmans, G. M.	Autogenic training and cognitive self-hypnosis for the treatment of recurrent headaches in three different subject groups.	1994	Pain, 58, 331-340.	Recurrent headaches	146	6	56	90	m/w	no specification	no specification	no specification	Outpatients	relaxation, imaginative inattention; pain displacement/transformation; analgesia	classical	8	24	93	40	53	yes	between-group	0,0943	0,1894	
Vaiboe, A., & Eide, T.	Smoking cessation in pregnancy: The effect of hypnosis in a randomized study.	1996	Addictive Behaviors, 21(1), 29-35.	Smoking cessation	130	0			w			no specification	no specification	tape; induction; DSOS	classical	2	0	130	52	78	yes	between-group	0,1097	0,2207	
Wakeman, R. J., Kaplan, J.	An experimental study in painful burns.	1978	American Journal of Clinical hypnosis, 21(1), 3-12	Acute pain in burn patients	24	no specification	no specification	no specification	m/w	no specification	7-70	Adults and children/adolescents	Inpatients	relaxation; I; SOS; SH	classical	6	0	24	13	11	no	between-group	0,8333	3,0147	
Wakeman, R. J., Kaplan, J.	An experimental study in painful burns.	1978	American Journal of Clinical hypnosis, 21(1), 3-12	Acute pain in burn patients	18	no specification	no specification	no specification	m/w	no specification	7-70	Adults and children/adolescents	Inpatients	relaxation; I; SOS; SH	classical	24	0	18	9	9	no	between-group	0,8691	3,5141	
Williams, J. M., Hall, D.	Use of single session hypnosis for smoking cessation	1988	Addictive Behaviors, 13, 205-208	Smoking cessation	60	0	31	29	m/w	no specification	21-58	Adults	Outpatients	relaxation; ego-enhancement; SOS	classical	1S	48	40	20	20	yes	between-group	0,5574	1,3427	
Woods, S. J.	Hypnosis as means of achieving cognitive modification in the treatment of academic anxiety.	1986	Australian Journal of Clinical Hypnotherapy and Hypnosis, 7(2), 106-121.	Test anxiety	100	no specification	no specification	no specification	no specification	no specification	no specification	Children/adolescents	Outpatients	no specification	undecidable	6	0	50	50	0	yes	pre-post	0,2771	0,5769	
Wright, B. R.; Drummond, P. D.	Rapid induction analgesia for the alleviation of procedural pain during burn care.	2000	Burns, 26, 275-282	Procedural pain during burn care	29	3	22	8	m/w	34,8	16-48	Adults and children/adolescents	Inpatients	relaxation; SOS	classical	2S	no specification	29	kA	kA	yes	between-group	0,3055	0,6417	
Zeltzer, L. K., Dolgin, M. J., LeBaron, S., & LeBaron, C.	A randomized, controlled study of behavioral intervention for chemotherapy distress in children with cancer.	1991	Pediatrics, 88(1), 34-42.	Chemotherapy distress in children with cancer	54	0	26	28	m/w	11,67	5-17	Children/adolescents	no specification	SOS	classical	1S	0	38	21	17	yes	between-group	0,1457	0,2946	
Zeltzer, L., & LeBaron, S.	Hypnosis and nonhypnotic techniques for reduction of pain and anxiety during painful procedures in children and adolescents with cancer.	1982	Journal of Pediatrics, 101(6), 1032-1035.	Pain/anxiety during bone marrow aspiration	33	0	17	16	m/w	10,06	6-17	Children/adolescents	no specification	I;	classical	1S	0	13	13	0	no	pre-post	0,9010	4,1528	
Zeyer, R., Dürr, W., Revenstorf, D.	Hypnotherapie bei Prüfungsangst.	1992	Experimentelle und klinische Hypnose, 8(1), 71-87	Test anxiety	22	0	no specification	no specification	no specification	no specification	no specification	no specification	no specification	no specification	age-regression; I; metaphors;	modern	no specification	no specification	22	22	0	no	pre-post	0,5283	1,2443